

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>	<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>
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LNR/Trent

T085

<b>Grade (Delete as appropriate)</b>	<b>Specialty:</b>	<b>Subspecialty (If appropriate):</b>
F1	Psychiatry	Old Age

<b>Site:</b>	<b>Trust:</b>
Dr M Sharma - Rochford Unit, Pilgrim	Lincolnshire Partnership NHS Foundation Trust

**Main duties:**

**Job Description**

The trainee will be working with Dr M Sharma in Rochford in-patient older adults unit. This is a 17 bed acute unit that assess elderly patients with functional psychiatric disorder. He/she will also be working with Dr Sharma in her community patch which covers Boston area. The trainee will have clinical supervision at the start of the posting to enlist the training requirements as expected in their training guidelines whilst working in Mental health, will continue to get these discussed at regular weekly clinical supervision meetings and have an end of term meeting.

The foundation trainee will continue to enhance their clinical skills.

The trainee would aim to complete the necessary e-portfolio requirements ie; CbDs, Mini-Cex etc during the posting

The trainee would be working on the inpatient unit and in the community as reflected in the weekly timetable.

On the inpatient unit the trainee would be able to have experience in admitting and managing functional and organic presentations in older adults. During the posting the trainee would be provided supervision and guidance as required. They would develop understanding of the multidisciplinary team functions. In the community the trainee would receive guidance and be expected to run a supervised clinic. The trainee will also gain experience in how the community mental health team functions. The trainees would also gain experience in doing home visits for acute and chronic presentations in the community with the Mental Health Nurses and Psychiatrists

At the end of the posting the trainee would aim to gain enough experience to feel confident to be able to manage mental health cases and make provisional diagnosis.

The trainee is expected to follow the Good Medical Practice guidelines as set by the GMC and follow the trust information & governance policies particularly regards record keeping and confidentiality

**Example Timetable**

**For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc**

	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	Ward	Follow up clinic under supervision & Clinical Supervision	Ward Round	Post Grad Meeting	Ward or Community Visits
<b>Lunchtime</b>	Clinical Supervision with Clinical Supervisor Dr M Sharma	12:00 - 2:10 Foundation Program Teaching		1 3:00 – 14:00 Clinical supervision with clinical supervisor Dr M	
<b>PM</b>	Ward or Community Visits	Community Mental Health Team	Ward Cover	Ward	Ward

**Educational Activities:**

Tuesdays 12.00-14.00 foundation program teaching Boston Pilgrim Hospital , 12.30-13.30 Teaching Thursday 09.30 - 12.30 Post Grad Programme (Psychiatry).

Weekly supervision with Clinical Supervisor Dr M Sharma

**Other Comments (if appropriate):**

**Disclaimer: Please note that the placement information provided is subject to change.**