

Foundation Job Description

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|--|-------------------------|---|---|---------------------------------------|------------------------------|
| Foundation School (Delete as appropriate) | | Programme No. (eg. L006 OR T102)*: | | | |
| East Midlands | | T095 | | | |
| Year (Delete as appropriate) | Specialty: | | | Subspecialty (If appropriate): | |
| F2 | Rehabilitation Medicine | | | | |
| Site: | | | Trust: | | |
| Lincoln County Hospital | | | United Lincolnshire Hospitals NHS Trust | | |
| Main duties: | | | | | |
| <p>The F2 takes part in regular ward rounds with the specialty doctor as well as consultant ward rounds on a weekly basis. This will entail clerking and examining patients, general medical management, escalation of care to critical care outreach services, liaising with a number of different departments and hospitals and acting on results appropriately. Trainees are encouraged to be autonomous and request investigations as they feel necessary but they remain well supported with direct access to a consultant at all times. There is the occasional opportunity to perform medical procedures on the ward but this will mainly take place during on call commitments. Rehabilitation medicine involves high levels of interaction and meetings with patients and their families, and the trainee will need to develop a professional rapport that allows him or her to communicate clearly without jargon as well as manage expectations. In addition, the trainee must be able to work well with a very wide range of disciplines and specialties.</p> <p>In rehabilitation the F2 will gain a lot of experience in dealing with incurable conditions, deprivation of liberty safeguards and the Mental Capacity Act, the types of care funding streams available and how to access them, and management of major trauma and patients with neurological problems. They will also gain exposure to prolonged disorders of consciousness and the potential legal pitfalls. The F2 also has the opportunity to do an audit during the attachment and present their findings at a clinical governance meeting.</p> <p>The head of department usually acts as the trainee's clinical supervisor during their time of attachment to rehabilitation and will have monthly meetings with the trainee to ensure things are going smoothly.</p> | | | | | |
| Example Timetable | | | | | |
| For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc | | | | | |
| | Mon | Tues | Weds | Thurs | Fri |
| AM | Ward work | Ward Round | Spasticity/head injury clinic | Goal setting meetings | Ward Round/spasticity clinic |
| Lunchtime | Physicians' meeting | | | F2 teaching | |
| PM | Ward Round | MDT | Ward work | Ward work | Ward work |
| Educational Activities: | | | | | |
| <p>Weekly F2 teaching. Two-monthly ward teaching. The F2 continues to participate in an on call rota, during which they will get feedback on their performance and clinical acumen. As ward pressures permit, the trainee has the opportunity to sit in clinics with a number of different disciplines and relevant specialties. On call requirements: Medical on call rota - typically one evening/week (5.00p.m - 9.00p.m after normal day working) plus weekends (typically one or two per four month placement, Sat/Sun 9.00 - 9.30) and nights (typically 2-4 sets nights either Fri-Sun or Mon-Thurs 9-9.30)</p> | | | | | |
| Other Comments (if appropriate): | | | | | |
| <p>Disclaimer: Please note that the placement information is subject to change.</p> | | | | | |