

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (e.g. L006 OR T102)</b> <i>Can be found on the Trent/LNR Allocation Spreadsheet</i>	
Trent		T038 & T101	
<b>Grade (Delete as appropriate)</b>	<b>Specialty:</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	<b>Sub-specialty (If appropriate):</b> <i>If General (Internal) Medicine OR General Surgery, please provide a sub-specialty</i>	
F1	Anaesthetics	Step Down Unit	
<b>Site:</b>		<b>Trust:</b>	
RDH		Derby Teaching Hospitals NHS FoundationTrust	

**Main duties:**

As an F1 your main duties would involve working alongside the F2s in an environment that is fully supported by Anaesthetic Consultants, as well as close liaison with the wider multi-disciplinary team (nurses, physio, dietician etc). On a daily basis you would be involved in reviewing high risk and unwell surgical patients, initially alone (if clinically appropriate) and then presenting this on a ward round to the consultant and your colleagues. There is much capacity for the development of practical skills both common ones such as cannulation, phlebotomy and catheterisation as well as less common ones such as topping up epidurals, removing chest drains and using ultrasound for i/v access. There is a high turnover of patients on Step Down so admitting patients (mainly from theatre but also emergency patients such as trauma patients with fractured ribs and those transferred from ICU) is part of daily jobs. There is also much potential for talking to relatives and explaining medical treatment and investigations. On days where you may be scheduled not to be on Step Down there are possibilities of spending time with the anaesthetists in theatre, going round with the pain team or critical care outreach, or working on audits.

<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	Mon	Tues	Weds	Thurs	Fri
<b>AM</b>	Patient Reviews	Patient Reviews	Patient Reviews	Patient Reviews	Patient Reviews
<b>Lunchtime</b>					
<b>PM</b>	New Admissions, SLEs, other educational activities	Teaching	New Admissions, SLEs, other educational activities	New Admissions, SLEs, other educational activities	New Admissions, SLEs, other educational activities

**Educational Activities:**

There are structured planned teaching activities such as the Epidural Study Day and Foundation Doctor topic teaching but there is also much ad hoc teaching on ward rounds and at handovers.

**Other Comments (if appropriate):**

An excellent opportunity to get a much better understanding of anaesthesia as a career.

**Disclaimer: Please note that the placement information provided is subject to change.**