Foundation Job Description

| Foundation School (Delete as appropriate) | | Programme No. (eg. L006 OR T102)*: | |
|---|-------------------------|---|--------------------------------|
| Trent | | T102 | |
| Year (Delete as appropriate) | Specialty: | | Subspecialty (If appropriate): |
| F1 | Acute Internal Medicine | | ESSU |
| Site: | | Trust: | |
| QMC Campus | | Nottingham University Hospitals NHS Trust | |

Main duties:

You will be part of a team of consultants, STs, CTs, and FY trainees looking after acutely unwell medical patients from a variety of specialities. A normal day consists of:

- 1. Daily consultant led 'one-stop' ward rounds
- Jobs arising from ward rounds.
- 3. Clerking and initial management of a variety of acute medical cases
- 4. Discharging safely with electronic discharge letters and eTTOs
- 5. Very good senior supervision all the time on the wards

On call requirements: Foundation trainees take part in the Hospital at Night rota which covers a variety of medical wards at Queens Medical Centre. You will work in a team of foundation trainees, core medical trainees and specialist trainees. Hospital at Night shifts are a mixture of nights (21.30-09.30), weekend days (09.00-17.00) and long days (09.00-22.00) with an average of 10 nights in the 4 months (e.g. one week of nights Monday-Thursday and 2 weekend nights Friday to Sunday).

Example Timetable

For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc

| | Mon | Tues | Weds | Thurs | Fri |
|-----------|----------------------------------|--------------------|------|-------|----------------------------------|
| AM | ward round/ward work/clerking | | | | ward round/ward work/clerking |
| Lunchtime | | F1 weekly teaching | | | Dept teaching |
| PM | ward round/ward work/clerking | | | | ward round/ward work/clerking |

Educational Activities:

- 1. Extremely good area to learn about a wide variety of acute medical cases as it has a very high turn over of patients in this University Hospital
- 2. All cases seen by junior doctors are immediately reviewed by consultant or registrar as there is always some senior doctor on the ward during working hours which provides immediate feedback and very good learning experience
- 3. Initial clerking and management of a variety of acute medical patients
- 4. A well structured teaching by Postgraduate Education centre on Tuesday lunchtimes and by acute medical department twice weekly
- 5. Very easy to get WPBA and good exposure to perform supervised procedures
- 6. Good area for carrying out clinical audit
- 7. Extremely good radiology and pathology lab support
- 8. Involves a lot of communication with other sub-specialties which provides first hand knowledge of other specialties

Trainees are released to attend mandatory FY1 teaching and study leave is facilitated. There are opportunites to participate in quality improvement and patient safety activities.

Generic Learning outcomes you should be able to achieve in this job:

- Professional Behaviour & Trust: Act professionally; deliver patient centred care and maintain trust; behave in accordance with ethical & legal requirements; keeps practice up to date through learning and teaching; demonstrate engagement in career planning.
- 2. Communication, team working and Leadership: Communicate clearly in a variety of settings; work effectively as a team member; demonstrate leadership skills.
- 3. Clinical Care: Recognise, assess and initiate manage the acutely ill patient; recognise, assesses and manage patients with long term conditions; obtain history, perform clinical examination, formulate differential diagnosis and management plans; request relevant investigations and act upon results; prescribe safely, perform procedures safely; trained to and manage cardiac and respiratory arrests; demonstrate understanding of the principles of health promotion and illness prevention; manage palliative and end of life care.
- 4. Safety and Quality: Recognise and work within limits of personal competence; make patient safety a priority in clinical practice; contribute to quality improvement.

Other Comments (if appropriate):

On call requirements: Varies according to the shift and may involve:

Attending Crash Bleeps and reviewing patients on wards as part of Hospital at night team

*can be found on the Trent/LNR Allocations Spreadsheet

Disclaimer:

Please note that the placement information provided is subject to change.