

# Foundation Job Description

<b>Foundation School (Delete as appropriate)</b>		<b>Programme No. (eg. L006 OR T102)*:</b>			
Trent		T111			
<b>Year (Delete as appropriate)</b>	<b>Specialty:</b>			<b>Subspecialty (If appropriate):</b>	
F1	Geriatric Medicine				
<b>Site:</b>			<b>Trust:</b>		
Pilgrim Hospital			United Lincolnshire Hospitals NHS Trust		
<b>Main duties:</b>					
<p>This post is based in Pilgrim Hospital. There are 20 beds here shared by elderly care (12 beds) and renal (8 beds). We receive patients admitted via the medical admissions unit and these patients arrive from Lincoln and surrounding areas mainly.</p> <p>We accept patients who have complex medical needs only and work with the multidisciplinary team. This comprises of the nurses, physio, occupational therapist, dieticians, pharmacist and social worker. This ward has a consultant geriatrician and specialist trainee in geriatric medicine.</p> <p>The foundation doctors will rotate every 4 months through our ward. The renal team has their separate junior doctors. During this rotation the foundation trainee will be able to satisfy their foundation curriculum requirements and will be supported by their Consultant and specialist trainee. They will be provided with direct supervision and will be able to complete their work based assessments.</p> <p>During this posting in addition to their generic skills they will learn to gain more confidence in managing end of live care, dementia, delirium, falls, mobility issues and breaking bad news. They have the opportunity to take part and lead on multidisciplinary meetings which is crucial in discharging our complex frail patients.</p> <p>In addition to elderly care ward, they will undertake general medicine oncall. They will spend the day on the medical admission units and will have a consultant and specialist trainee to support them. Consultants are present from 8am to 9pm and with specialist trainee present round the clock to support junior doctors. They do shifts of 3 and 4 days oncall with off days in between. FY2 does days and nights oncall, while FY1 does only days oncall. Both of them do weekend oncalls and have 1A banding.</p>					
<b>Example Timetable</b>					
<b>For example: W/R (Outpatients), MDT, Meetings, X-Ray Conference etc</b>					
	<b>Mon</b>	<b>Tues</b>	<b>Weds</b>	<b>Thurs</b>	<b>Fri</b>
<b>AM</b>	Ward rounds	Board rounds	Ward rounds	Board rounds	Ward rounds
<b>Lunchtime</b>	Physicians meeting	FY1 teaching	Geriatric departmental meeting	FY2 teaching	
<b>PM</b>	Ward work	MDT/Ward work	Ward work	Ward work /supervision	MDT / Ward work
<b>Educational Activities:</b>					
<p>We have thrice weekly ward rounds and twice weekly board rounds. All patients are seen in detail on the ward rounds. On the board rounds we discuss all the patients and review the sick and new patients for one hour. We do twice weekly Multidisciplinary meetings which is very useful to learn from other members of the team. Here clear goals are set and care discussed.</p> <p>While on-call they will learn to clerk new patients and do a good assessment and make appropriate management plans. They will be daily handover of ward patients to the on-call team at 5pm on admissions unit. The day team will then handover patients to the night team at 9pm on admissions unit.</p> <p>They have protected teaching for 2 hours once a week. Here consultants give talks on different topics which covers most areas of their curriculum.</p> <p>They are encouraged to attend the physicians meetings for an hour once a week on Monday afternoons. Here different cases and audits discussions happen.</p> <p>We have our own departmental meetings on Wednesday for 1 hour. Here they will have an opportunity to present a case, audit or journal</p>					

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material. This will be supported by their ward consultants. They can use this opportunity to complete a teaching assessment or CBD.

They have the opportunity to undertake an audit or QIP during this rotation.

## Other Comments (if appropriate):

The foundation trainee will learn generic skills in history taking, physical examination, cognitive assessment. They will learn to organise appropriate investigations and learn to prioritise and time manage. They will make referrals to other departments and learn to communicate effectively with them. They will have the opportunity to talk to families on the ward and take a good collateral history. They will have the opportunity to undertake most of their procedural skills while with us.

We will have medical students from Leicester attached to our wards for 7 weeks at a time 3 times a year. During this time the foundation trainee will have the opportunity to supervise them and teach them on the ward.

**Disclaimer: Please note that the placement information is subject to change.**